



# **Pediatric Sleep Medicine Course**

## **CONDUCTED BY:**





PROGRAM DIRECTOR: Dr. Adel S. Al Harbi (KSA)

07:30-12:30

THURSDAY, 13 MARCH 2014

**AL DANA MEETING ROOM** 

#### **GENERAL:**

- Attendance is limited to 30 participants
- Pre-registration is required on first come first served bases.
- Certificate of Attendance will be provided by STS with 3 CMEs from SCHS

### RATIONALE:

Pediatric Sleep medicine is a rapidly growing specialty in the field of medicine that became an essential specialty service in any clinical or academic institute. Over the past 25 years this field has expanded and developed in order to diagnose and treat the increasing numbers of different sleep-related disorders. Sleep-disordered breathing in general and, more particularly, OSA is highly prevalent conditions in children

#### **OBJECTIVE:**

At the end of the course, the attendees are expected to achieve:

- Acquire basic medical knowledge related sleep medicine in children
- Classify Sleep disorders in children
- Elaborate the principles of diagnosis and management of sleep disorders in children
- Elaborate on the use of Non-invasive ventilation in children

### **TARGET AUDIENCE:**

- Physicians interested in sleep medicine
- Pulmonologists & Fellows in Training
- Respiratory Therapists & Pulmonary Nurses
- Sleep Technologists



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## **FACULTY:**



David Gozal, MD
Professor and Chairman,
Department of Pediatrics, Physician in
Chief, Comer Children's Hospital,
The University of Chicago,
Chicago, ILI, USA



Anita Simonds, MD
Professor of Respiratory &
Sleep Medicine, Royal Brompton Hospital,
Imperial College, London
London, UK



Adel S. Al Harbi, MD
Consultant Pediatric Pulmonary and
Sleep Medicine, Director of Pediatric
Sleep Disorders Sleep Center,
Prince Sultan Military Medical City
Riyadh, Saudi Arabia



Leila Kheirandish-Gozal, MD, MSc, Associate Professor, Department of Pediatrics, The University of Chicago Chicago, ILI, USA

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## PROGRAM:

07:30-12:30

| TIME          | TOPIC                                       | FACULTY                       |
|---------------|---|-------------------------------|
| 07:30 - 08:30 | Registration                                |                               |
| 08:30 - 08:45 | Welcoming Remarks and Course Objectives     | Adel Alharbi - USA            |
| 08:45 - 09:30 | Introduction to Pediatric Sleep Medicine    | Adel Alharbi - Saudi Arabia   |
| 09:30 - 10:15 | How to Set Up & Score Pediatric Sleep Study | Leila Kheirandish-Gozal - USA |
|               |   |                               |

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